

SØLLERØD DM 2022

Bulletin 1

(Invitation)

DM Relay and DM Long Distance

September 10th to 11th 2022

at Slotslyngen and Paradisbakkerne, Bornholm

Version 1, 2022-07-07

Søllerød Orienteering Club welcomes you to the Danish National Championships (DM) Relay and Long on the island of Bornholm offering challenging terrains that are seldomly used for Danish Championships.

The event begins with DM Relay on Saturday September 10th and ends with DM Long on Sunday September 11th.

DM-weekend on Bornholm:

- Two intense competitions in fantastic terrains.
- Newly drawn maps (2021-22) by GT-Maps.
- DM Long is an IOF World Ranking Event (WRE) and part of Trimtex Cup, Løberen League and the Danish Junior Cup.
- Open courses at all levels of difficulty are offered both days in the same competition areas as the championship courses.
- Free children's courses close to the arenas are offered on both days.

Bring your family and enjoy the beautiful nature and many opportunities for sightseeing and cultural events on Bornholm

Host club Søllerød Orienteringsklub

Web pages <http://dm22.sollerodok.dk/>
<https://www.facebook.com/DM-2022-orientering-Bornholm-104593038001915/>

Classification	DM Relay and DM Long Distance are 4-star A-events
Dates	10 th and 11 th September 2022
Programme	<p>DM Relay, Saturday 10th September 2022</p> <p>09.00 Arena, Event office, children's courses, and café open. 09.30-12.00 Sales of open courses from Event office. 10.30 First start DM Relay. 11.30-13.00 Free start open courses.</p> <p>DM Long, Sunday 11th September 2022</p> <p>09.00 Arena, Event office, children's courses, and café open. 09.30-12.00 Sales of open courses from Event office. 09.30 First start DM Long distance. 10.30-12.30 Free start open courses.</p>
Competition areas	<p>Slotslyngen and Paradisbakkerne, Bornholm. The competition areas are shown on the event's homepage and link below. Access closed for participants and their coaches according to DOF (Danish Orienteering Federation) Regulations 2021.</p> <p>http://dm22.sollerodok.dk/skovlukning/</p>
Terrain description	<p>Slotslyngen</p> <p>Slotslyngen is a moderate to strong hilly forest with mixed vegetation and few flat, more diffuse parts. Parts of the forest are on rocky ground and with rock walls. There are areas with easily passable forest and a few dense areas. In other areas, runners will experience dense undergrowth and parts with blueberries. There is a large heather / grass covered area with a complex density image.</p> <p>Paradisbakkerne</p> <p>Paradisbakkerne were formerly covered with heather, but today most of the area is forest with deciduous and coniferous trees. It is a very varied terrain with strong hilly areas, long fissure valleys, but also flat areas in some parts of the forest. Some areas are rocky with rock walls, large rocks and rocky ground, while the forest floor in other areas is covered with blueberries and tall grass.</p> <p>The runnability is generally good with few denser areas. However, visibility is reduced in several places.</p> <p>The path picture is poor in several areas of the forest and consists of a few larger paths and smaller tracks.</p>

Maps

Slotslyngen

Slotslyngen, 1:10.000 and 1:7.500.

Contour interval 5 meters.

Revised and partly redrawn in 2022. The map is based on materials from Viking Atletik and MapMagic.

Mapper: Gediminas Trimakas, GT-Maps

Paradisbakkerne

Paradisbakkerne, 1:15.000, 1:10.000 and 1:7500.

Contour interval 5meters.

Drawn 2022. Based on material from MapMagic.

Mapper: Gediminas Trimakas, GT-Maps

The maps are approved by a DOF map consultant with DOF's quality mark and printed on pretex paper by Grafisk Forum, who is certified by IOF.

Courses and classes

DM Relay Championship classes

Class	Difficulty	Winning time (min)
D/H max. 43 (Oldest runner younger than 20 years)	1 st leg – Yellow medium	25
	2 nd leg – White easy	20 - Unforked
	3 rd leg – Yellow medium	25
D 12	1 st leg – White easy	20
	2 nd leg – Green beginner	20 - Unforked
	3 rd leg – White easy	20
D 16	1 st leg – Black difficult	30
	2 nd leg – Yellow medium	25 - Unforked
	3 rd leg – Black difficult	30
D 20	3 legs – Black difficult	3x30-40
D 21	3 legs – Black difficult	3x30-40
D 35	3 legs – Black difficult	3x35
D 40	3 legs – Black difficult	3x35
D 45	3 legs – Black difficult	3x35
D 50	3 legs – Black difficult	3x35
D 55	3 legs – Black difficult	3x35
D 60	3 legs – Black difficult	3x35
D 65	3 legs – Blue difficult	3x30
D 70	2 legs – Blue difficult	2x25
H 12	1 st leg – White easy	20
	2 nd leg – Green beginner	20 - Unforked
	3 rd leg – White easy	20
H 16	1 st leg – Black difficult	30
	2 nd leg – Yellow medium	25 - Unforked
	3 rd leg – Black difficult	30
H 20	3 legs – Black difficult	3x30-40

H 21	3 legs – Black difficult	3x30-40
H 35	3 legs – Black difficult	3x35
H 40	3 legs – Black difficult	3x35
H 45	3 legs – Black difficult	3x35
H 50	3 legs – Black difficult	3x35
H 55	3 legs – Black difficult	3x35
H 60	3 legs – Black difficult	3x35
H 65	3 legs – Black difficult	3x35
H 70	3 legs – Blue difficult	3x35
H 75	2 legs – Blue difficult	2x35
H 80	2 legs – Blue difficult	2x30
D/H min. 185 (Min. 1 female)	3 legs – Blue difficult	3x30

DM Relay – Open mixed class

Class	Difficulty	Winning time (min)
Open class	1 st leg – Black difficult	45
	2 nd leg – Yellow medium	25 - Unforked
	3 rd leg – Blue difficult	35

DM Long distance – individual championship classes

Class	Difficulty	Winning time (min)
D 10	Green - Beginner	20
D 12	White – Easy	25
D 14	Yellow – Medium	35
D 16	Black – Difficult	40
D 18*	Black – Difficult	55
D 20*	Black – Difficult	55
D 21	Black – Difficult	70-80
D 35	Black – Difficult	55
D 40	Black – Difficult	50
D 45	Black – Difficult	45
D 50	Black – Difficult	45
D 55	Black – Difficult	45
D 60	Black – Difficult	45
D 65	Black – Difficult	45
D 70	Blue – Difficult	45
D 75	Blue – Difficult	45
D 80	Blue – Difficult	45
D 85	Blue – Difficult	45
D/H 90	Blue – Difficult	45
H 10	Green – Beginner	20

H 12	White – Easy	25
H 14	Yellow – Medium	35
H 16	Black – Difficult	45
H 18*	Black – Difficult	70
H 20*	Black – Difficult	70
H 21	Black – Difficult	90-100
H 35	Black – Difficult	70
H 40	Black – Difficult	65
H 45	Black – Difficult	60
H 50	Black – Difficult	55
H 55	Black – Difficult	50
H 60	Black – Difficult	50
H 65	Black – Difficult	50
H 70	Blue – Difficult	50
H 75	Blue – Difficult	50
H 80	Blue – Difficult	50
H 85	Blue – Difficult	50
H/D 90	Blue – Difficult	45

* Since DM Long distance is a ranking event for junior runners, there is one shared course for D18 and D20 and another for H18 and H20.

Seeding of runners will take place in the elite classes in accordance with DOF Regulation 2021 and the IOF World Ranking List.

Open courses

Open Courses are offered both days in the same competition area as the championship courses. Participation in an Open Course is not allowed prior to participation in a championship course.

Open courses in Slotslyngen:

Start from 11.30 – 13:00. The longest courses will start first.

Class	Difficulty	Approx length (km)
Åben 1 / Open 1	Black – Difficult	6
Åben 2 / Open 2	Black – Difficult	4
Åben 3 / Open 3	Blue – Difficult	3
Åben 4 / Open 4	Yellow - Medium	3
Åben 5 / Open 5	White – Easy	2,5
Åben 6 / Open 6	Green- Beginner	3

Open courses in Paradisbakkerne:

Start from 10:30 – 12:30

Class	Difficulty	Approx length (km)
Åben 1 / Open 1	Black – Difficult	8
Åben 2 / Open 2	Black – Difficult	5
Åben 3 / Open 3	Blue – Difficult	3,5
Åben 4 / Open 4	Yellow - Medium	4
Åben 5 / Open 5	White – Easy	3,5
Åben 6 / Open 6	Green- Beginner	3

Distances

Slotslyngen

Parking to Event Centre: 1.200 to 1.700 m.

Start and finish in the Event Centre.

Start open courses is in the immediate vicinity of the Event Centre.

Paradisbakkerne

Parking to Event Centre :400 to 800 m.

Event Centre to Start 1: 1.200m.

Event Centre to Start 2: 500m.

Open courses are starting from Start 2.

Finish in the Event Centre.

Parking and meeting point

Slotslyngen

At Bornholms Tekniske Samling, Borrellyngvej 48 and if this is filled on Borrellyngvej 41.

Parking for busses in the courtyard at Borrellyngvej 41.

Paradisbakkerne

At the roadside on Klintebyvej.

Busses will be parked in a courtyard on Klintebyvej.

Any clubs arriving by bus are asked to give preliminary notice to the event's e-mail (see below).

Arenas

Slotslyngen

The arena is small and situated on rocky ground with much growth of blackberries in the area. If weather permits, we recommend leaving the club tent at home on this day. Event office placed at arena.

Paradisbakkerne

The arena is on a sloping grass field. Event office placed at arena.

Entry

Entry for DM Relay and DM Long for members of Danish clubs through club administrator by O-service. Deadline Friday 26 August 2022. Late entry allowed until 96 hours before first start. After that, participants are referred to the open courses.

Entry for **DM Long in WRE classes W21/M21 MUST use IOF Eventor**. This applies for both Danish and international participants.

Entry for **international participants** except WRE-participants in DM Long through the event's e-mail (see below) and payments made to the bank account named below. Entries must include name, age, class, SI-card number, club and country and for relay teams also the start order.

Entry for DM Relay for international participants team-wise by sending an e-mail (see below) and payment for the entire team by the account mentioned below.

Entry in advance for open courses can be made by e-mail until 2 September 2022.

Entry without SI-card number will be provided a rental SI-card (not touch free) at an additional fee.

Team changes DM Relay

A relay team's member names and start order can be changed by the club administrator through O-service or e-mail for international participants until Thursday 7 September at 24:00. Following that, changes can be made until 8:00 on the day of the event by paying an extra fee of 50 DKK per team for each time a change is made.

Changes and late entries can be made by sending an e-mail to dm22@sollerodok.dk or delivering to the Event Centre Office. The extra fee must be paid at the event office on the day of the event.

Entry fees

Class	DM Relay		DM Long		Open courses	
	Before deadline	Late entry	Before deadline	Late entry	Before deadline	At the event centre
<= D/H 20	375	750	140	280	100	125
Others	465	930	175	350		
D70, H75, H80	310	620	175	350		
Team changes		50				
Card rental	30 (Missing return of a rental card costs DKK 500)					

All fees in Danish Kroner (DKK)

Payment of fees and card rental no later than 10 days after registration deadline to: Danske Bank, account 1551-4450341800.

International participants transfer fees to:

Bank account: Søllerød Orienteringsklub
Bank: Danske Bank
IBAN: DK6230004450341800
BIC/Swift: DABADKKK

Entries must include name, age, class, SI-card number, club and country and for relay teams also the start order.

Participants

Every member of a club under DOF (Danish Orienteering Federation) or IOF on the day of the competition is granted access to the competition classes.

Prizes

Prizes in the Danish Championships can be won by participants who are members of a Danish club under the Danish Orienteering Federation and are 1) Danish citizens or 2) have a Danish CPR-number on the day of competition. All members of a relay team must fulfil these rules.

Punching system

The competition will use SportIdent. Controls have SI devices which support both traditional and touch-free cards. Runners using their own SI-card must provide the SI-card number at the time of entry. Entry without SI-card number will be provided a rental SI-card (not touch free). Rental SI-cards will be handed out at the start and must be returned at the finish. Missing return of a rental card costs DKK 500.

Start

DM Relay
Joint start per class.

First class starts 10:30.
 Start from Event Centre for Sprint Relay.
 Start Open courses in the immediate vicinity of the event centre.

DM Long

Individual start.
 First class starts at 10.00.
 Start from Start 1 or Start 2 according to the table:

Class / Start overview:

Class	Start
D/H 10	2
D/H 12	2
D/H 14	2
D/H 16	1
D/H 18	1
D/H 20	1
D/H 21	1
D/H 35	1
D/H 40	1
D/H 45	1
D/H 50	1
H 55	1
D 55	2
H 60	1
D 60	2
H 65	1
D 65	2
D/H 70	2
D/H 75	2
D/H 80	2
D/H 85	2
D/H 90	2

Open courses start from Start 2.

Children's courses

Free children's courses both Saturday and Sunday. Start close to the event centres.

Café/Kiosk

A café will serve tea, coffee, snacks and a variety of food at the event centre. More information about the assortment and payment methods will follow in Bulletin 2.

Toilets / Showers

Toilets in the areas both days.
 Note that there are no toilets in start areas at DM Long.

There will be no changing rooms and shower facilities.

Organisation

Event Directors

Troels Christiansen, Søllerød OK, dm22@sollerodok.dk

Anne Kaae-Nielsen, Søllerød OK, dm22@sollerodok.dk.

Course planners DM Relay

Bo Konring, Søllerød OK

Lukas Becker, Søllerød OK

Course planners DM Long

Steen Piil, Søllerød OK

Simon Thrane Hansen, Søllerød OK

IOF Event Advisor and Chairman of the Jury

Bo Simonsen, FIF Hillerød Orientering

Course controller DM Relay

Jens Knud Maarup, Allerød OK

Course controller DM Long

Helge Lang Pedersen, Farum OK

Map consultant

Troels Christiansen, Søllerød OK

Jury

3 members of the jury will be selected by the IOF Event Advisor and Event Directors from the participants when the start list is published.

Event information

Home page: <http://dm22.sollerodok.dk/>

E-mail: dm22@sollerodok.dk.